



PSYCHIC RESEARCH NEWSLETTER

VOL. 1 NO. 2

JULY-AUGUST, 1984

AN INTRODUCTION TO TRANSFORMATIONAL HEALING

Marcel Vogel has developed a series of cut crystals which can be used for healing and meditation. Studies are going on throughout the world as medical research and experimentation continues. The adjustments to the bioenergetic field cause beneficial transformations in the human body which then allow a person's body to heal itself of a wide assortment of illnesses. Marcel has called this new science Transformational Healing.

P.R.I. NEEDS VOLUNTEER RESEARCH ASSOCIATES

P.R.I. needs volunteer Research Associates to conduct and participate in experiments to bring greater statistical validity to our work with subtle energies. Over the next year, these experiments will include: queries into the effectiveness of healing crystals in speeding recovery rates in common diseases; how soil electrified with a Tesla coil affects plant growth and resistance to insects; and the ability of crystals to increase the capacity of water to assimilate salts and other nutrients.

Interested persons should contact the Lab to register as Research Associates. As the experiments are finalized, Associates will be contacted and will receive experimental kits. Because of the nonprofit nature of our work and limited operating capital, a small fee may be charged to cover kit compilation and data collection. We look forward to hearing from you!

LECTURE SCHEDULE — Summer and Fall, 1984

Aug. 31-Sept. 7 THE JOY LAKE COMMUNITY, P.O. Box 1328, Reno, NV 89504
Telephone 702/323-0378

Part 1 (2 days): "The Art and Science of Loving"

Part 2 (6 days): "The Therapeutic Use and Application of Crystals and Crystal Devices" (This will be a Master's Course in Transformational Healing.)

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Mailing address: P.R.I., 406 South Bascom Ave., Suite 110, San Jose, CA 95128

P.R.I. is a nonprofit corporation using scientific research and education to aid mankind.

EDITOR'S NOTES

Two small mistakes appeared in the first Newsletter. In the THINGS TO PONDER Section, the word "board" appeared instead of "gourd." This was in reference to the description of the atom bomb in the ancient Hopi prophecies. The second error was in listing the dates for the Joy Lake lecture by Marcel Vogel. The correct dates are August 31 to September 7, 1984. This week-long lecture will be as near to a master's course as we have at this time. We recommend that all crystal owners attend this lecture or send for the tapes; there is so much new information.

DO-IT-YOURSELF EXPERIMENTS

We would like to see each of you complete experiments just as they are described. Keep careful records, then send us your results and photographs. We will summarize your information in forthcoming newsletters.

EXPERIMENT FILE #2 — Building Dowsing Rods

Dowsing rods detect the energetic forces that emanate from a human body or from inanimate objects. The rods are energized by the power of thought.

The most practical form of dowsing rod is in the form of a right angle. The handle portion should be six inches long and the sensing rod portion eighteen inches. Remove as many kinks as possible from the wire of an ordinary coat hanger. The handle portion should be inserted into rigid tubing that allows the rods to rotate freely. Tygon, acrylic, or synthetic rubber tubes work well for handles. Paint the tips of the sensing angle white.

Stand erect and hold the rods, one in each hand, at a comfortable level in front of the chest. Watch the antics of the rods turning around. Mentally command the rods to be quiet and adjust to a parallel position to each other. Be patient, let this happen, and then mentally command the rod in the right hand to turn to the right and stop. Then mentally direct the rod in the left hand to turn to the left and stop. Breathe in, and watch the rods come back to neutral (parallel). Let the breath out and watch the rods move outward. Repeat this often, observing that with each breath, movement of the rods takes place.

We have indicated that rod movements are controlled by intention (thought). This intention of one's mind, directed to the rods, will cause them to move as one breathes. To use these rods in detecting the energy fields of the body, one must first quiet the rods. Second, release the intention, mentally placing that intention at the tip of the dowsing rod. Draw in and hold your breath. Notice the movement of the rods. (KEEP BREATHING!)

EXPERIMENT FILE #3 — Detecting the Energy or Auric Field Around the Body of an Individual

Prepare to use the dowsing rods as described above. It is important that you focus the intention of measuring the auric field of a person. From 5-6 feet away, walk slowly toward the person, with rods at the horizontal position. At a distance of 1-3 feet, the rods should begin to deflect as you pass into that person's field. Moving forward again, from further back, you should be able to clearly delineate the energy fields that surround the person. Stand relaxed and alert to the deflective fields from the person you are measuring. As he breathes in and out, observe what takes place. The health, degree of balance, and general vitality of any living thing can be measured by this method.

A person's thoughts can be shown to deplete the energy of another individual. To do this, you focus your attention by staring intently at the individual while thinking something negative about them. That individual will be experiencing your thoughts on his physical body. Note the effect on your dowsing rods. When you are done, both you and the subject should pulse breath with the mouth closed to clear the energy fields created.

PEOPLE PROFILES

BOB FRITCHIE, Managing Director of P.R.I., comes to us with 24 years' experience in general management, marketing, and engineering. He is a Registered Professional Engineer with a degree in Chemical Engineering. He has been Director of Marketing and a General Manager for several large industrial companies. Bob is also the editor/writer of various technical books and articles.

For the last four years Bob has done research on crystal healing techniques in conjunction with physicians throughout the United States. His work was conducted to help resolve application problems experienced both by natural healing techniques and by crystal healers. With Dr. Rebecca Holmes he developed a protocol to obtain proper results when using the healing crystal. Bob has moved to California to help establish P.R.I. and a separate institution to teach the crystal healing work initiated by Marcel Vogel.

NEW BOOKS

In each Newsletter we will review various additions to P.R.I.'s library, commenting on their significance to your understanding energy effects and their importance to studies undertaken in the Lab. We will not confine ourselves to strict scientific information, but will branch out into all sources that may be of value in gaining a clear understanding of the subtle energies we are investigating. All of these books are currently in print.

PYRAMID ENERGY AND THE SECOND COMING, by Hardy, Hardy, Killick & Killick. Published by Delta-K-Products, 3252 Lakeview Dr., Allegan, MI 49010.

This is an exciting book. The Hardys offer theories which the reader can use to build a logical pattern of the forces produced in pyramid-like structures. Enlightened individuals, the Hardys are working to spread the knowledge of the ancient forces known and utilized by prior generations of mankind. They give a theory of tachyons (energies with no electrical charge that move faster than light) which is relevant to the pyramid structures at the tips of healing crystals. Recommended highly. Please send us your comments on this one.

ON THE KABALAH AND ITS SYMBOLISM, by Gershom Scholem. Published by Schocken Books, Inc., 200 Madison Ave., New York, NY 10016.

The Kabbalah, the conditions of things divine, is the sum of Jewish mysticism. The Kabbalists attempted to describe the mysteries of the world. The power of the study of the Kabbalah is that there is contained in each form a sacred principle. Through identification of the principles, one is brought to a deeper understanding and love of the divine order behind all form.

The healing crystal is a direct translation into form of the primary teaching of the Kabbalah (note the frontpiece on the book). The ideal is to read the book, then discuss the teaching with a Rabbi who has been trained with the knowledge of the Kabbalah. It would be good for those of us who have been trained in western culture to open our minds to the methodology and thinking of other civilizations.

CULPEPER'S COLOR HERBAL, edited by David Potterton, illustrated by E. J. Shellard. Published by Sterling Publishing Co., Inc., Two Park Avenue, New York, NY 10016.

David Potterton presents an excellent set of plates on herbs, with minimal text. The technical information provided includes type of flower, geographic location, astrology, medicinal virtues, and modern usage.

In the past, a tremendous amount of herb usage has been for the relief of disease. Let's develop more knowledge about the ability of herbs to stimulate the higher faculties. Try this little experiment: Put a single fragment of fresh rosemary onto a healing crystal, point it at another person, take a deep breath, and release the thought of the essence of rosemary into the body of the individual. When done properly, an essence of rosemary comes through the crystal, filling the room with its fragrance. Feel and describe the effect. Try other types of herbs that are contained in this compendium.

MARCEL VOGEL'S SPEAKING ENGAGEMENTS

Marcel has had an intensive lecture series and research schedule. The primary topic of the lectures has been the integration of love and the therapeutic application of crystals from the standpoints of both lay individuals and therapists utilizing these crystals. With proper training one can apply this knowledge to the release of stress from one's own body or de-energize fields that are attached to another individual. Among the lessons taught was the critical importance of breathing exercises. The therapist must do his work and then detach from what he is doing by a controlled set of breathing exercises. The crystal is a very sensitive storage device for patterns of thought, and one must carefully clear the crystal between each operation. When the crystal is not clear the subtle vibration that one feels in the crystal may be lost. This subtle vibration is the connecting link between the operator and the patient; one must keep this channel functioning at all times.

A paper was presented to the United States Psychotronic Conference in Atlanta, Georgia, by Joe Terry Smith and Marcel. The subject was the pitfalls of working with radionic instrumentation. In summary:

1. The operator often become fixated or locked into his instrument, thereby causing false readings to occur. This is a very common problem and can often be stopped completely by bulk demagnetizing of the equipment and all materials used in the instrumental testing. Examples are spatulas, glass tubes, and bits of paper. For an operator to clear himself: Draw the breath in, filling the lungs. Focus on the thought of clearance and release the breath with a rapid expulsion through the nose. This is usually done three times.

2. It is recommended that a small bit of gold or silver be used as a reference standard to calibrate the instrument between runs. Specks of gold from placer mining are ideal. One can mount them on a small glass rod to place in the well for referencing purposes.

3. The effect of the test room atmosphere, mainly positive and negative ions, was studied. We found that the deliberate addition of positive ions distorts the operator's sensitivity. The operator finally loses his ability to obtain any significant results. Excess positive ions in the atmosphere result from the precipitation of negative ions caused by smoke or organic pollutants in the atmosphere. For this reason one should not smoke or be adjacent to an individual who smokes when one operates these instruments. Excess negative ions in turn produce readings which are too high, also causing false readings from premature stick. Coils of wire overhead will entrain the operator and cause him to lose the ability to sense the vibrations. This is equally true of pyramid-shaped objects which would be adjacent to the field of the operator obtaining measurements. This is true either of metal, quartz crystal, or glass pyramid-shaped objects. As the operator becomes clear in his ability to measure, he becomes increasingly aware of the instrument he is working with by having the numerical values peak out and become non-responsive.

4. It becomes important when one is measuring to draw breath in, hold, and obtain the measurement (stick). When we followed these procedures we obtained essentially the same readings for the majority of the 12 tissue salts that we examined. There was no coincidence with the values published by Kelly in his handbook of rates for his machine. All of these values must be looked at again and again to assess their intrinsic meaning.

Marcel Vogel was honored to be elected a member of the Board of Directors of the United States Psychotronic Association.

Esalen was a very profound, relaxing experience on the Role of Crystals in Healing. What was demonstrated in this session was the delay in the effects of energy transfer from the operator to the recipient during healing. We reported that it takes a number of minutes (and sometimes days) after the healing has been given for the person to achieve maximum response to the fields being applied to them.

It is important to know this because practitioners usually look for immediate results. When no results are seen, one tends to think that what was done is of no value. This is by no means the case.

Esalen provided the opportunity to observe the relationships between crystal healing, massage, and the use of mineral baths. The combination of these three was widely felt and is beneficial to the practice of Transformational Healing.

A group of dentists received an all-day lecture at the University of California, San Francisco, School of Dentistry. The purpose of this lecture was to provide data on the use of crystal technology in the field of dentistry. The focus was on pain removal, preparation of tissue for tooth removal, and reconstruction work. Marcel also discussed how to work with a crystal in a fearless manner for the good of the patient. Small natural crystals held in the hands of children remove fear and assist children in cooperating with the dentist. It was emphasized that records are written in bone, and particularly, that there is a detrimental effect from the sounds of high-speed drills working around the bony matter of teeth. High-speed tones may be stored in the teeth and jawbone, causing trauma and shock. If the patient is desensitized by the use of a crystal, he will hear the sound but not become part of the sound. He can then become detached from his surroundings and experience the work of the dentist without fear. This should result in much less shock stored in tissue and bone and accelerate recovery.

☆ NEWSBRIEF ☆



DR. ADAMS OPENS THE MARCEL J. VOGEL CRYSTAL HEALING CENTER OF SOUTHERN CALIFORNIA

The first Transformational Healing Clinic was recently opened by John Adams, M.D., at 12462 East Washington Blvd., Whittier, California. The principal treatment modalities at the clinic are acupuncture, crystal healing, nutrition counselling, energized water, and prayer.

"Over the last two years I have been able to promote the rapid healing of physical trauma and to reach the source points of chronic emotional and mental disharmonies," Adams said. He has found that the use of a healing crystal has increased his effectiveness as a physician. "I have finally learned to get my own training out of the way and to bring the healing energy of Jesus Christ into the crystal, thereby focusing it on the root cause of a client's dysfunction."

PLANTING CRYSTALS BRINGS BALANCE, PEACE, AND HARMONY

We have found that crystals (natural) have the capacity to absorb the bio-energetic fields that the mind of man releases. This was known in ancient times and used by many civilizations. In each new area that we go to in service, we leave a crystal as a gift. One or more crystals charged with the thoughts of love and service to the community are carefully placed in spots located by dowsing or by some other appropriate technique. In this way we hope to spread good will and help the balance of nature to bring peace and harmony to the community. This has now been done in three locations:

1. On the Hawaiian Island of Maui, Hana region, a crystal was deposited in a sacred spot located by a native Hawaiian. When done, we experienced joy and happiness.

2. At Mt. Shasta, Shasta Springs, at the confluence of a mountain stream, a crystal was planted to purify the atmosphere and community. We felt the effect immediately after implanting the crystal. The location was determined by a Native American woman using dowsing rods. This was especially exciting since the location was total unexpected and our preconceptions had to be put aside. This was done on a Saturday. On Sunday, when the final lecture was given, there was a deeper sense of peace, tranquillity and openness to ideas.

3. At Esalen, California, the location was found working with three sensitive people by rotating the crystal on a table until it "stuck" in a position. It was pointing in the direction we were to go. We followed this direction by having one person aim the crystal held in his hand. The secondary direction was indicated by one of the members of the group, standing in the line of the field of the crystal and moving back and forth until the exact location was found. The crystal was then implanted and the Lord's Prayer was said for the community as a whole.

What is interesting is that each of these areas demanded its own unique method of location and position. As we continue to release and plant crystals in various other locales of the world, we will keep our readers informed.

We recommend the following from the lessons we are learning:

To bring harmony and peace into your home, workplace, or other environment, place a crystal in each corner of the property.

The crystal should be placed 4-6 inches deep into the ground, with the tip facing up. As it is placed you should project the thought that each crystal will release a field that will protect and shield those who are within its vicinity. We suggest that you try this for yourself and give us feedback on the results you achieve.

In England this is now being done to isolate homes which are located adjacent to overhead power lines. These radiate vibration fields that adversely affect those living in the vicinity. Placing crystals as we have described and carefully rotating them produces a neutralizing field, nullifying the adverse vibrations.

Try using a set of four crystals placed around the home of an individual who is struggling with these kinds of vibrations. If it is possible, a fifth crystal, firmly held tip up, can be placed high in the center to form a pyramidal structure. The effect in one's body when these placements of crystals are working is a feeling of coolness and a reduction in tension. One is less inclined to become emotionally disturbed and can see others in a clear new light. The dimension and size of each crystal are not important, but the tip should be well-formed and an overall length of 2 to 3 inches is preferable. Many forms of energy -- electrical, microwaves, and other fields -- can be very damaging.

AVAILABLE FROM P.R.I.:

Psychic Research is announcing the availability of instructional cassette tapes designed to give you a proper background in the use of quartz healing crystals. We recommend using these educational building blocks in the order presented.

"Introduction to Crystal Technology" (1 tape, \$6.00);

"A Study of Mind, Body, Soul, and Crystals" (5 tapes in presentation case, \$45.00);

"A Guideline for Use of the Quartz Healing Crystal" -- features specific techniques to be used in scientific research for the study of bioenergies (2 tapes, \$20.00).

In October we will offer videotapes on healing crystal techniques. Details will be given in the next Newsletter.

HEALING



heal, *v.t. & i.* restore to health; cure; become sound. *~er, n.* health (hēl-), *n.* soundness of body; condition of body; (fig.) soundness of mind. *~ful, a.* health-giving.



QUESTIONS & ANSWERS on How to Use the Crystal

Q. Does the crystal touch the subject?

A. No. The crystal works as a reservoir to break up patterns in the subtle bodies. It is held away from the subject's body by an inch or more. The fingertip protrudes beyond the crystal. Neither hand touches the subject's body while the energy is being transmitted. The empty hand is placed behind the subject; at the point of release, the empty hand is used to support the subject. Then the finishing action requires a loving touch, one hand in front and the other behind, until the energy drain is closed and vitality returns to the tissue.

Q. How do you link to a patient?

A. Enter the body counterclockwise. Hold the crystal steady about 1½ inches from the body, and wait for a charge to flow through the patient to your empty hand, held behind the subject, not touching. During this time it is wise to hold your breath and wait for the field to build. Then slowly breathe in and out to resonate that field into the subject's body. When the subject clearly feels the field, you both synchronize your breathing. Then rotate your wrist clockwise until a "locking" signal is felt through the crystal. Have the subject breathe separately from you and go with his mind to the area of his body that he feels must be treated. You will feel his contact as a change in vibration in the fingertips surrounding the crystal. Then draw in your breath, hold breath, and describe a clockwise circle with the tip of the crystal until you get a second "locking" signal. Then suddenly say the word "Release" sharply, closing your empty hand and pulling the hand with the crystal away with a snapping motion. If the subject does not respond, do it again. Once the treatment is given, touch the body with both hands, slowly breathing in and out while mentally wishing the person to be well.

PROGRAMS AND SUBSCRIPTIONS

The P.R.I. Newsletter is a guide to the technology, the ideas, and the people who are developing our programs. This issue contains several experiments. Future issues will deal with more specific projects. The data you provide from your experiments will be accumulated and summarized; you will receive the report(s). These programs will have instructions and sometimes, for a nominal fee, work kits containing needed equipment.

NEWSLETTER Subscription, 12 issues (2 years) \$25.00

Instructional Cassette Tapes:

"Introduction to Crystal Technology" (1 tape). \$ 6.00

"A Study of Mind, Body, Soul, and Crystals" (5 tapes, case). . \$45.00

"A Guideline for Use of the Quartz Healing Crystal" (2 tapes). \$20.00

DONATION to P.R.I. \$ _____

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